



# community human services

hope. help. here.



## SUBSTANCE USE PREVENTION PROGRAM

Substance Use Prevention Program is a school-based counseling program for students. The program aims to provide socio-emotional support to students and to address and identify substance use and abuse issues. This program focuses on substance use prevention and education, anger management techniques, and provides additional support to all participants.

### SERVICES

- Individual and group counseling
- Consultation with parents/teachers/school staff
- Student and parent presentations (as requested)
- Information and referrals
- YATV (Youth Alternatives to Violence program) for self-referred, suspended, and/or expelled students
- ADAPT, a student-centered approach to substance use prevention
- The Seven Challenges drug intervention program

### CONTACT

Salinas High	831.796.7400	Alisal High	831.796.7600
North Salinas	831.796.7500	Mount Toro	831.796.7700
Everett Alvarez	831.796.7800	El Puente	831.796.6900

### PROGRAM COST

There is no cost to students and families.

### ABOUT CHS

Since 1969, CHS has provided professional, affordable mental health and substance abuse counseling and recovery services to the residents of Monterey County. Our services focus on the entire family, with programs for people of all ages.

### CONTACT

831.394.4622



[www.facebook.com/  
chservicesmonterey](http://www.facebook.com/chservicesmonterey)

831.658.3811

Community Human  
Services  
P.O. Box 3076  
Monterey, CA 93942  
831.658.3811

[chservices.org](http://chservices.org)