SUBSTANCE USE
PREVENTION PROGRAM

Substance Use Prevention Program is a school-based counseling program for students. The program aims to provide socio-emotional support to students and to address and identify substance use and abuse issues. This program focuses on substance use prevention and education, anger management techniques, and provides additional support to all participants.

SERVICES

- Individual and group counseling
- Consultation with parents/teachers/school staff
- Student and parent presentations (as requested)
- Information and referrals
- YATV (Youth Alternatives to Violence program) for self-referred, suspended, and/or expelled students
- ADAPT, a student-centered approach to substance use prevention
- The Seven Challenges drug intervention program

CONTACT

<table>
<thead>
<tr>
<th>High School</th>
<th>Phone Number</th>
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<th>Phone Number</th>
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<tbody>
<tr>
<td>Salinas High</td>
<td>831.796.7400</td>
<td>Alisal High</td>
<td>831.796.7600</td>
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<tr>
<td>North Salinas</td>
<td>831.796.7500</td>
<td>Mount Toro</td>
<td>831.796.7700</td>
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<td>Everett Alvarez</td>
<td>831.796.7800</td>
<td>El Puente</td>
<td>831.796.6900</td>
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PROGRAM COST

There is no cost to students and families.

ABOUT CHS

Since 1969, CHS has provided professional, affordable mental health and substance abuse counseling and recovery services to the residents of Monterey County. Our services focus on the entire family, with programs for people of all ages.

CONTACT

831.394.4622

www.facebook.com/chservicesmonterey
831.658.3811

Community Human Services
P.O. Box 3076
Monterey, CA 93942
831.658.3811
chservices.org