



community human services

hope. help. here.

trauma (noun)

an emotional wound or shock that causes substantial, sometimes lasting damage to psychological development



TRAUMA, ANXIETY & PTSD GROUP

Group Counseling NOW in Seaside

Community Human Services is now offering a counseling group for individuals experiencing trauma, anxiety and post traumatic stress disorder. Services will be provided at the Family Service Center in Seaside at 1178 Broadway Avenue, Thursdays from 3:00 to 4:00 p.m. Medi-Cal and sliding fee clients are welcome. For more information please call, 831.394.4622



Community Human Services

Family Service Center
1178 Broadway Avenue
Seaside, CA 93955
831.394.4622

www.chservices.org



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