



### Outpatient Treatment Centers

2560 Garden Road, Ste. 201-A  
Monterey, CA 93940  
831.658.3811

1087 South Main Street  
Salinas, CA 93901  
831.237.7222

### Genesis House

1152 Sonoma Avenue  
Seaside, CA 93933  
831.899.2436

### Off Main Clinic

1083 South Main Street  
Salinas CA 93901  
831.424.4828

### Community Human Services Administrative Offices

P.O. Box 3076  
Monterey, CA 93942  
831.658.3811

# SUBSTANCE ABUSE

## TREATMENT PROGRAMS

[www.chservices.org](http://www.chservices.org)



**community  
human services**  
hope. help. here.

Each year Community Human Services helps over 3000 people in Monterey County address substance abuse and mental health issues.

Our programs are designed to serve low and moderate income families who are uninsured or otherwise unable to afford care. Our funding comes from Medi-Cal, government contracts, private grants and donations and client fees. Please visit us at [www.chservices.org](http://www.chservices.org).



[www.facebook.com/chsgenesishouse](http://www.facebook.com/chsgenesishouse)





## Our philosophy

By addressing the physical, mental and spiritual aspects of addiction we can help our clients reclaim their freedom and rediscover their lives without the use of drugs and alcohol.

## Sharing Hope & Strength

Since opening our doors in 1969, Community Human Services has helped thousands of people stop the cycle of addiction and create lasting change in their lives.

Our programs are run by a caring staff of experienced counselors, licensed therapists and medical professionals dedicated to ensuring that you get the skills and support you need to successfully overcome your addictions.

## Outpatient Treatment Centers, Monterey & Salinas

Our state-certified outpatient programs assist men and women in breaking free from addiction to alcohol and drugs while maintaining their school, work or home schedule.

Treatment is individualized and includes assessment, treatment planning, medical oversight, and withdrawal management, individual, group and family counseling, addiction and recovery education, introduction to 12-step programs, relapse prevention, drug testing and discharge planning. Program graduates receive one year of aftercare at no cost. Our staff uses evidence-based and trauma-informed best practices, such as Motivational Interviewing and Seeking Safety to ensure your success. Medi-Cal, private pay and some insurance plans are accepted.

## Genesis House, Seaside

Genesis House is a state licensed, CARF accredited residential treatment program for adults. In both the co-ed and perinatal programs, length of treatment is based on your individual needs. The perinatal program allows children ages 0-5 to stay with their mothers while in treatment. Our caring staff is committed to your recovery. Services include individualized assessment and treatment planning, medical services and withdrawal management, individual and group counseling, family program, relapse prevention, drug testing and aftercare.

## Off Main Clinic, Salinas

Off Main Clinic is a state -licensed, CARF accredited narcotic treatment program that provides methadone maintenance and detoxification services to adults suffering from addiction to heroin and other opiates. Methadone provides relief from withdrawal symptoms and reduces cravings, eliminating the physical reasons for continued use of illegal drugs. Services include individualized assessment and treatment planning, counseling, case management, drug testing and medication. Our staff provides excellent clinical care in a non-judgmental environment. Medi-Cal, private pay and some insurance plans are accepted.

