



**community
human services**
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SUPERKIDS & SUPERTEENS

SuperKids & SuperTeens are school-based counseling programs for elementary, middle school and high school children at sites throughout Monterey County. The program aims to identify and address troubling issues and teach coping skills through individual and group counseling, using traditional and creative therapeutic techniques.

SERVICES

- Individual and group counseling
- Consultation with parents
- Consultation with teachers and school staff
- Staff training and parent education (as requested)
- Information and referrals

Elementary school children are typically seen in a group setting with some individual counseling support. Middle and high school youth primarily receive individual counseling with some group counseling support.

Program Cost

The program charges schools \$30 per hour for CHS Joint Powers Authority schools, \$35 per hour for non-JPA schools, and \$40 per hour for south county schools. There is no cost to students and families

ABOUT CHS

Since 1969, CHS has provided professional, affordable mental health and substance abuse counseling and recovery services to the residents of Monterey County. Our services focus on the entire family, with programs for people of all ages.



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