



community human services

hope. help. here.



HELPING PEOPLE THRIVE
ANNUAL REPORT 2017

Message to the Community from our CEO

Addiction is a chronic relapsing brain disease. It changes the structure and functionality of the brain. Yet many people still think of addiction as a moral failing of weak people who choose to continue using drugs. Unlike people with other chronic diseases, chemically dependent people are judged for their illness. This can cause them guilt and shame, and perpetuate widespread stigma which prevents people from getting the treatment they need to recover. In reality the majority of chemically dependent people are just like us. They are parents, children, friends, co-workers, sisters and brothers. They deserve treatment and support, not judgement and discrimination.

Our drug intervention and treatment programs - Genesis House, Elm House, the Outpatient Treatment Centers, Off Main Clinic, Substance Use Prevention Program and Drug and Alcohol Intervention Services for Youth - help over 1,000 people each year gain the tools they need to get their lives back on track.

Community Human Services is dedicated to providing treatment and support to people seeking relief from addiction and the joy of recovery. People can and do recover. Thousands of people in the local recovery community are living proof of that. Please join us in celebrating recovery and ending stigma.



Robin McCrae
Chief Executive Officer



Robin

We will forever be grateful for your inspiring motivation, your shared vision and your gentle guidance. Thank you for your continued service and leadership to Community Human Services.



STRATEGIC GOALS 2017

1. Increase Services for Runaway and Homeless Youth - Homeless Youth Shelter
2. Increase Community Awareness of CHS - Marketing and Advertising Campaign
3. Improve Safe Place Facilities - Sprinklers and Handicap Accessibility
4. Improve Genesis House Facilities - Kitchen Remodel
5. Develop Women's Program at Elm House - Residential Dual Diagnosis
6. Make CHS a Great Place to Work! - Invest in Salaries and Professional Development

WE LEAD

ENDING YOUTH HOMELESSNESS: The problem of homeless youth in our community is growing. During the 2017 homeless census, Community Human Services led a specialized count of unaccompanied homeless children and transition-age-youth under the age of 25 years old. This dedicated count was part of a nationwide effort recommended by HUD to improve our understanding of the scope of youth homelessness. CHS recruited and trained youth enumerators who were homeless or had recently experienced homelessness to conduct the count in targeted areas where young people were known to congregate. On the day the census was conducted, 598 unaccompanied homeless children and transition-age-youth were counted. This represents a 121% increase since 2015. HUD will use this youth count data from across the country to make funding recommendations and as a baseline for measuring progress toward ending youth homelessness by 2020.



Alyssa started receiving services at Safe Place after family conflict led to her becoming homeless in high school. Camping outdoors, she lost all of her possessions one especially cold and wet winter. With no tent, dry clothing or hope to be found, a friend directed her to our shelter. Safe Place counselors helped her replace most of her belongings and provided her with the basic needs of food, and hygiene products she so desperately needed. Soon she began going regularly to counseling sessions, drop-in hours and hot meals offered at Safe Place. Motivated by her counselor, Alyssa enrolled at Monterey Peninsula College. With funds from the Homeless Women's Fund, she received a laptop computer, backpack and school supplies to equip her for the school year. Alyssa is working toward an Associate of Arts degree to become an American Sign Language instructor.

"Before Safe Place, I didn't really have anywhere else to go. I have a lot of friends that all say the same thing, that this program is so important to homeless youth. We feel safe. Safe Place allows us a space to feel comfortable and protected and gives us a chance at building trust with adults that we know are here to help. I find strength, motivation and hope to move forward in life. My counselor has helped me enroll in classes at MPC. She keeps me motivated to build a better future for myself. I want to be successful and I'm really thankful for Safe Place. It's because of these services that we're able to be more than just homeless, and hopefully being homeless won't define us."

-Alyssa, Safe Place Client

WE INNOVATE

BUILDING FOR THE FUTURE: CHS continues to respond to the needs of our community by reducing barriers to services and developing programs for those who struggle with addiction, mental illness and homelessness. We are honored to serve the residents of Monterey County and look forward to improving access to the most effective, timely and affordable care to meet the needs of our community.



- Thanks to a generous grant of \$30,000 from the Community Foundation for Monterey County, CHS is now offering outpatient mental health counseling and substance abuse counseling at the Chinatown Health Services Center in Salinas. In addition, mental health clinician Abram DeAnda facilitates a weekly group for individuals seeking support in building problem solving and social skills.



- This year, Pathways to Safety celebrated its 10 year anniversary. The program is an early intervention initiative designed to keep children safe in their homes and out of the child welfare system. Since its inception, 11, 229 families have been referred to community services within Monterey County.

- In support of National Runaway and Homeless Youth Prevention Month, we hosted our first ever "Empty Bowl" soup kitchen luncheon fundraiser. Local restaurants and businesses donated soup, bread, salad, and pastries to raise funds for Safe Place. In addition, an online donation station allowed luncheon attendees to make donations directly to the MCGives campaign, to make their contributions go further.



- On July 28th, CHS held its 2nd annual Migrant Family Resource Fair at CSUMB. This community event was made possible through a collaboration with the MCOE Migrant Education Program and funds from a Driscoll's Charitable Grant. Over 200 migrant families were able to access free immigration legal consultation, enroll in healthcare programs and seek employment opportunities.

WE INSPIRE

CHS supports youth in Salinas high schools with its Substance Use Prevention Program



Drug Resource Specialists: Adriana Morales, Mariela Castro, Jacqueline Frias and Lorena Ruiz, and Program Officer II, Shawn Stone.

In 2017, Community Human Services launched the Substance Use Prevention Program (SUPP), a school-based counseling program for high school students. The program aims to provide socio-emotional support to students and to address and identify substance use and abuse issues. SUPP focuses on substance use prevention and education and anger management techniques, and provides additional support to all participants. The program currently serves 6 of the Salinas Union High School District schools including: Salinas High, North Salinas High, Everett Alvarez High, Alisal High, and Mount Toro/El Puente High Schools. Students participating in the program have access to one of our full time Drug Resource Specialists. In addition to receiving counseling support, youth participate in a student led substance use prevention club, Alcohol and Drug Awareness Prevention Team (ADAPT). Club members organize rallies and fundraisers throughout the year and during Red Ribbon Week and take an annual field trip with the proceeds.

WE EXCEL

Community Human Services uses evidence-based best practices to ensure that our clients receive proven, effective services.

The Seven Challenges

A developmentally appropriate and culturally sensitive program for youth. The Seven Challenges addresses drug use, life skills deficits, co-occurring issues and skill-building for trauma recovery.

Seeking Safety

Seeking Safety is a present-focused, cognitive-behavioral treatment for PTSD and/or substance abuse, covering 25 topic areas designed to build safety-oriented coping and skill-building.

Dialectical Behavioral Therapy

Dialectical Behavioral Therapy (DBT) is a mental health therapy designed to help people change patterns of behavior that are not helpful, such as self-harm, suicidal thinking, and substance abuse.

CSE-IT

The Commercial Sexual Exploitation Identification Tool (CSE-IT) is used to assess youths' risk for being commercially sexually exploited and identify youth victims of sex trafficking.

Daniel Memorial Life Skills

Daniel Memorial is a strengths-based assessment and curriculum covering 14 skills areas, such as money management, health, housekeeping, transportation, education planning, housing, and job seeking skills.



WE SERVE

OUR MISSION: Addiction, mental illness and homelessness destroy lives and weaken families; therefore, Community Human Services (CHS) provides people of all ages with the tools and support to overcome these challenges and create lasting change in their lives.

MENTAL HEALTH

2,029

PEOPLE ASSISTED
through

- Outpatient Counseling
- SuperKids/SuperTeens
- Supervised Visitation
- Parent Education
- Domestic Violence

SUBSTANCE ABUSE

778

PEOPLE ASSISTED
through

- Off Main Clinic
- Genesis House
- Elm House
- Outpatient Treatment

YOUTH SERVICES

496

PEOPLE ASSISTED
through

- DAISY
- Safe Place
- Safe Passage

3,303

Number of Clients Served!

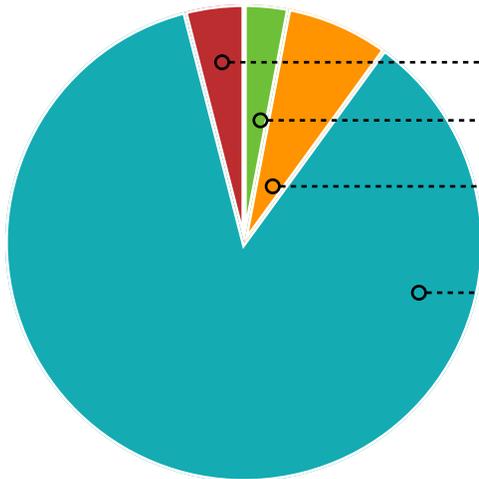


WE THRIVE

Financial Information

2017

Operating Revenue

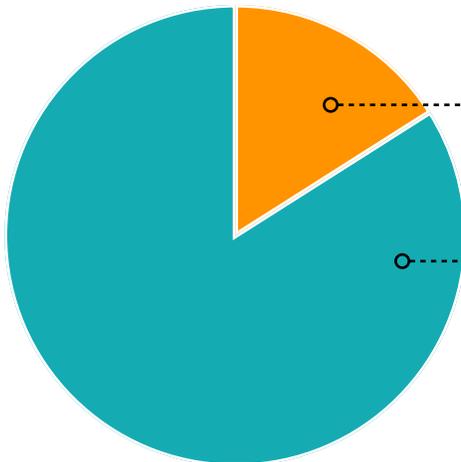


Private Grants and Donations	4%
JPA Contributions	3%
Program Fees	7%

Government Grants and Contracts 86%

Total Revenue **\$5,205,183**

Operating Expenses



Management 16%

Program Services 84%

Total Expenses **\$5,293,363**



WE APPRECIATE

Thank you for supporting our programs!

Top Donors 2017

TOP DONORS

Frederick Stanley
Konny Murray
Lowell & Wilda Northrop
Lance and Gail Larsen
Mylo & Charlene Lowery
James Mitchell & Michael Ann Mitchell
Harriett Blume
Bill and Nancy Doolittle
Julia Fields

TOP BUSINESSES, FOUNDATIONS & GROUPS

Monterey Peninsula Foundation
Community Foundation for Monterey County
Alexander F. Victor Foundation

Harden Foundation
The Robert and Florence Slinger Fund
Yellow Brick Road Benefit Shop
In-N-Out Burger Foundation
Interfaith Outreach of Carmel
The Upjohn California Fund
Rotary Club of Monterey
Driscoll's Foundation
Kiwanis Club of Monterey
Safeway Foundation
Shoreline Church
Marshall Pierson, Inc.
The Barbara Schilling & Richard Carr Charitable Fund
Monterey Peninsula Volunteer Services

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