



community human services

hope. help. here.



REAL PEOPLE, REAL CHANGE.

COMMUNITY IMPACT REPORT 2018

Message to the Community from our CEO

Despite glaring media attention, increased funding for drug treatment and stricter prescribing protocols, deaths from opioid overdose continue to climb.

According to the Centers for Disease Control and Prevention, drug overdose deaths are up among both sexes, all races, and adults of all ages. Two-thirds of those deaths involve opioids, and opioid-related deaths have increased almost six times since 1999. Opioids killed more than 47,000 people in 2017.

To address this locally, Community Human Services hosted two Narcan education and distribution events with partners Montage Health and Natividad Foundation in the Spring of 2019. Over 300 people attend two events, one in Salinas and one in Seaside, to learn how to spot an opioid overdose and administer nasal naloxone, the "overdose antidote."

Community members who participated left the events armed with medication and information, ready to save lives! Their feedback was, "Please do this more often and for younger audiences!" We will be looking at doing that in the coming year.

We are excited about our newest partnership with The Gathering for Women to develop and operate a shelter for homeless women and families with children in Seaside. The peninsula shelter, which will provide temporary housing and case management services, will be located in a vacant County modular building on the corner of Noche Buena and Olympia in Seaside. We received a Homeless Emergency Assistance Program (HEAP) grant for \$1,287,658 to rehabilitate the property, which the County will lease to us for \$1 a year.

The rehab is expected to take one year. A grant of \$300,000 will partially fund operating the shelter, leaving a gap of approximately \$550,000, which we hope to raise from the community.

CHS also received a HEAP award of \$857,331 to develop and operate a street outreach program for unaccompanied homeless youth throughout the Salinas Valley. Four outreach counselors in two specially outfitted vans will canvass the valley to provide homeless youth with survival aid such as food and water, counseling and case management, and information and referral to ancillary community services.

Community Human Services has formed strategic partnerships with a focus on innovation and collaboration to help us achieve our mission of building a comprehensive system of programs to serve our community now and for future generations. We appreciate your interest and, especially, your support of our work!

Robin McCrae

Robin McCrae
Chief Executive Officer



STRATEGIC GOALS 2018

1. ~~Increase Services for Runaway and Homeless Youth—Homeless Youth Shelter~~
2. ~~Expand Marketing Efforts - Spanish Language Marketing Campaign~~
3. ~~Improve Safe Place Facilities—Sprinklers and Handicap Accessibility~~
4. ~~Increase Services in Schools - SuperKids & SuperTeens and SUPP~~
5. ~~Increase CSEC Services - MCDSS Collaboration~~

WE CARE

KEEPING FAMILIES TOGETHER: Genesis House Perinatal Program offers state-of-the-art residential drug treatment for pregnant and parenting women with substance use disorders and allows mothers to bring their young children with them into treatment, eliminating what for some mothers is a barrier to treatment because they fear losing their children to the child welfare system. The goals of our perinatal program are to support the successful, long term recovery of our clients and to strengthen families affected by substance abuse in Monterey County.



Alena sought services at Genesis House after struggling with addiction for nearly a decade. Pregnant and desperate for help, she was referred to the Genesis House program for perinatal women after successfully completing our outpatient drug treatment program in Monterey. The perinatal component of Genesis House provided Alena a safe and comfortable environment for her and her children while she navigated through her path to recovery. Six months pregnant with her second child, Alena was able to receive the support and structure she needed to gain a solid foundation in recovery. Through her peer driven groups and one-one on counseling sessions, she learned the coping strategies and skills to help work through daily complications. Alena has since graduated from the program and is now working at Genesis House as overnight relief staff. She is determined to continue her journey in recovery, focused on the future and well-being of her family.



"My addiction was keeping me from being the mother my children deserved. At Genesis House I was able to find the support and second family I needed. Because of Genesis House, I now have hope. Most of all, I have faith and a good understanding of myself. I'm grateful to have worked through addressing the root cause of my addiction. The program has given me more confidence in myself so that I feel more confident in what the future looks like for me and my children."

-Alena, Genesis House Graduate

WE RESPOND

BUILDING FOR THE FUTURE: CHS continues to respond to the needs of our community by reducing barriers to services and developing programs for those who struggle with addiction, mental illness and homelessness. We are honored to serve the residents of Monterey County and look forward to improving access to the most effective, timely and affordable care to meet the needs of our community.



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hope. help. here.
www.chservices.org
831.658.3811

Mental Wellness Screenings **free**

SALINAS AND SEASIDE

Saturday, October 13th
10:00am - 2:00pm

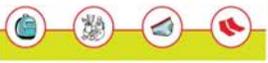
FAMILY SERVICE CENTERS
1178 BROADWAY AVE
IN SEASIDE
OR
433 SALINAS ST IN SALINAS

Please join us for free and confidential mental wellness screenings for people of all ages.



Basic Needs Drive for Homeless Youth

BASIC NEEDS DRIVE
for homeless and at risk youth & young adults



Community Human Services asks you to please consider holding a **Basic Needs Drive** to help Safe Place and the Runaway and Homeless Youth we serve.



Join us to provide basic needs for local homeless youth.

- Community Human Services co-sponsored the 2nd Annual Monterey Peninsula Pride March 2018 in Seaside. Over 50 CHS clients and their families marched in the parade, joined by our employees and board members. CHS's sponsorship included pride-specific advertisements and promotional products, including hundreds of t-shirts which were distributed to march participants. CHS offers LGBTQ+ mental health counseling and support services in Salinas and Seaside.
- In support of National Family and Children's Mental Health Week, CHS's Family Service Centers offered free and anonymous mental wellness screenings to the community. Bilingual clinicians facilitated screenings to help individuals identify whether their symptoms were related to depression, mood or anxiety disorders or other mental health issue and connected nearly 40 individuals with support services.
- CHS school-based Substance Use Prevention Program (SUPP) launched a new curriculum to support schools in combatting the rising use of e-cigarettes among students. The Vape Offense Workshop (VOW), which launched at Salinas UHSD in the Fall of 2018, provides swift intervention in lieu of suspension for youth identified as using or in possession of vaping devices on campus. Students receive counseling, support and intervention services.
- On November 29, 2018, CHS held its first ever Basic Needs Drive to support our community's homeless youth. Donation bins were available at 12 different sites throughout Monterey County including local businesses, public libraries and the Monterey County Office of Education. Clothing, hygiene products and non-perishable food items were collected and distributed at Safe Place in Monterey to help meet the basic needs of homeless youth throughout the year.

WE INSPIRE

Supporting homeless transition age youth to succeed.



Pictured L-R: James Fernandez, McDonalds Supervisor, Safe Passage resident and Ali Garcia, Safe Passage Program Coordinator.

Ali Garcia, Program Coordinator for Safe Passage, was recognized by the Nonprofit Alliance of Monterey County (NAMC) with an "Unsung Hero Award" for his innovative work with transition age youth. Ali was instrumental in building relationships with local businesses to help unaccompanied homeless youth find jobs. Through these partnerships, more than a dozen youth at Safe Passage have found employment at McDonalds and other hospitality employers; some have also received tuition assistance for college from their employers! Several youth have since transitioned out of Safe Passage, secured safe, permanent housing, are maintaining employment and thriving in the community as independent young adults. Ali's other partners creating employment opportunities for homeless youth include the Portola Plaza Hotel, Monterey Peninsula College, CSUMB and Hartnell College. Ali has played a vital role in creating a positive economic impact essential to nonprofits like CHS to carry out their mission. He has also been an advocate for at-risk and homeless youth to have equitable access to employment and equal opportunity to all the community resources Monterey County has to offer.

BUILDING A FOUNDATION OF EXCELLENCE



Community Human Services is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) International. This voluntary but rigorous accreditation process prescribes high standards of excellence to ensure the highest quality services. CARF has accredited the following programs:

Residential Substance Use Treatment Services - Seaside, CA

Genesis House is a state-licensed, 36 bed residential drug treatment program for adults 18 years of age and older. The perinatal program offers 8 beds and the co-ed program offers 28 beds. Children ages 0 to 5 may live with their mothers in treatment. Medication such as buprenorphine is available to support treatment.

Medication Assisted Treatment Services - Salinas, CA

Off Main Clinic is a state-licensed Medication Assisted Treatment (MAT) program which provides medication, counseling, and medical consultation to adults with opioid addiction or alcoholism. Patients receive one-on-one counseling in addition to daily medication such as methadone, buprenorphine or disulfiram.

Adult, Youth and Family Mental Health Services - Salinas and Seaside, CA

CHS' Family Service Centers offer a variety of mental health and family safety net services to people of all ages to treat a variety of emotional and mental health issues. Services at the FSC's include outpatient mental health, parenting education, supervised visitation and domestic violence intervention.

WE MAKE AN IMPACT

OUR MISSION: Making a positive impact on our community through prevention, intervention and treatment services for substance abuse, mental health and homelessness.

MENTAL HEALTH

1,562

PEOPLE ASSISTED
through

Outpatient Counseling
SuperKids/SuperTeens
Supervised Visitation
Parent Education
Domestic Violence

SUBSTANCE ABUSE

1,202

PEOPLE ASSISTED
through

Off Main Clinic
Genesis House
Elm House
Outpatient Treatment
SUPP

YOUTH SERVICES

494

PEOPLE ASSISTED
through

DAISY
Safe Place
Safe Passage

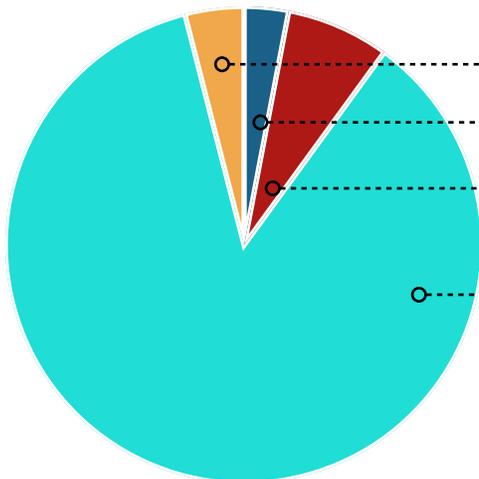
3,258

Number of Clients Served



FINANCIALS AT A GLANCE

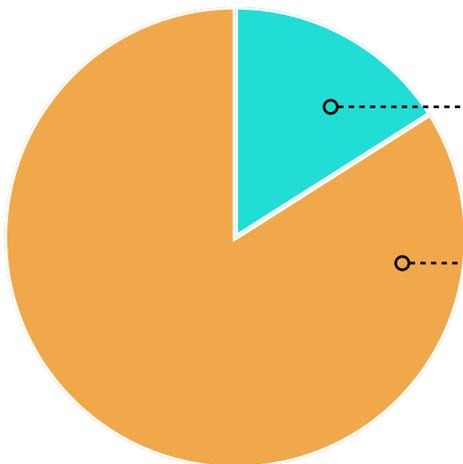
Operating Revenue



Private Grants and Donations	5%
JPA Contributions	2%
Program Fees	6%
Government Grants and Contracts	87%

Total Revenue **\$6,291,007**

Operating Expenses



Management	15%
Program Services	85%

Total Expenses **\$6,051,850**



WE THANK YOU

Thank you for supporting our programs!

Top Donors 2018

TOP DONORS

Konny Murray
Lowell and Wilda Northrop
Najma Noorani and Amjad Noorani
Bill and Nancy Doolittle
Kay and Harvey Kuffner
Larry Arthur Thurman
Joey Silva and Danielle Burchett
Julia Fields

TOP BUSINESSES, FOUNDATIONS & GROUPS

Monterey Peninsula Foundation
Community Foundation for Monterey County
Alexander F. Victor Foundation
Nancy Buck Ransom Foundation

Harden Foundation
The Fund for Homeless Women
The Robert and Florence Slinger Fund
Yellow Brick Road Benefit Shop
In-N-Out Burger Foundation
MOD Pizza
XL Catlin Foundation
Interfaith Outreach of Carmel
The Upjohn California Fund
Rotary Club of Monterey
Rotary Club of Carmel Valley
Santa Lucia Rotary Foundation
The Pebble Beach Foundation
Safeway Foundation
Monterey Peninsula Volunteer Services

Board of Directors 2018

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Darlene Mosley

City of Sand City
Mary Ann Carbone

Monterey Peninsula College
Loren Steck

City of Del Rey Oaks
Patricia Lintell

City of Seaside
Mary Mitchell

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Carmel USD
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Vacant

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Pacific Grove USD
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Salinas Union High USD
Lila Cann

City of Salinas
Gloria De La Rosa