



community human services

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PARENT EDUCATION PROGRAM NURTURING PARENTING PROGRAM

The Parenting Education Program, or P.E.P., helps ensure that the children of Monterey County are raised with love and limits. It works to prevent behavioral and emotional problems in children by enhancing the knowledge, skills and confidence of parents. P.E.P is a program of Community Human Services, in collaboration with Family and Children's Services and Behavioral Health.

SERVICES

P.E.P. provides services through our Nurturing Parenting Program (NPP), an evidence-based best practice program. This program has demonstrated to make big and lasting improvements for families, as well as help serve our different cultures within Monterey County.

The Nurturing Parenting Programs are a family-centered, trauma-informed initiative designed to build nurturing parenting skills as an alternative to abusive and neglecting parenting and child-rearing practices.

The long term goals are to prevent recidivism in families receiving social services, lower the rate of multi-parent teenage pregnancies, reduce the rate of juvenile delinquency and alcohol abuse, and stop the intergenerational cycle of child abuse by teaching positive parenting behaviors.

**The program offers a range of classes and support; please visit our website for more details!*

PROGRAM COST

Donations are gladly accepted.

ABOUT CHS

Since 1969, CHS has provided professional, affordable mental health, substance abuse and homeless services to the residents of Monterey County. Our services focus on the entire family, with programs for people of all ages.

CONTACT

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